

**Veronica Cardenas, Ph.D.
Curriculum Vitae**

**Chief Executive Officer and Founder
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EDUCATION/FELLOWSHIPS

- 1998 **Bachelor of Arts**
American University, Washington, DC
- 2003 **NIH/NIA Pre-doctoral Clinical Research Fellowship**
Stanford University School of Medicine, Palo Alto, CA.
- 2005 **Doctor of Philosophy in Clinical Psychology**
Pacific Graduate School of Psychology, Palo Alto, CA.
(APA Accredited)
- 2006 **Clinical Postdoctoral Fellowship in Geropsychology**
Sharp Mesa Vista Hospital, San Diego, CA
- 2011 **Research Postdoctoral Fellowship in Geriatric Psychiatry**
University of California, San Diego, Dept. of Psychiatry

LICENSES AND SPECIALIZED TRAINING

- 2010-present **California Clinical Psychology License - PSY23660**

FOREIGN LANGUAGE

- UCSD Medical Center Qualified Bilingual Provider # LPA4540**
Fluent in Spanish - read, speak, and write.

ACADEMIC HONORS AND AWARDS

- 2019 American Psychological Association (APA), Women's Program Office & APA Office on Aging.** Special recognition given for contributions made as a woman of color in psychology at the *I am Psyched for Healthy Aging* event at APA Headquarters in Washington, D.C.
- 2017 Donald and Darlene Shiley Scholarship, California State University Institute for Palliative Care.** Scholarship to complete course entitled "Applying Motivational Interviewing in Palliative Care."

- 2013** **UCSD Department of Psychiatry's Diversity Champion Award.** In recognition of academic achievements related to diversity issues.
- 2007-2009** **National Institutes of Health Loan Repayment Recipient:** awarded \$70,000 in student loan repayment in exchange for research services performed in geriatric psychiatry at the University of California, San Diego (UCSD).
- 2003** **Minority Research Supplement, Stanford University School of Medicine, National Institutes of Health: National Institute on Aging (on grant number: AG 18784):** awarded \$70,000 to study psychological and biological consequences of stress in Latino family caregivers of Alzheimer's patients.
- 2002** **Student Award for Excellence in Alzheimer's Research, Alzheimer's Association:** in recognition of project completed in area of dementia care and multiculturalism.
- 2002** **Honorable Mention, American Psychological Association Minority Aging Network in Psychology:** acknowledgement of achievements in the area of aging and multiculturalism.
- 2000** **Ethnic Minority Scholarship Award, California Psychological Association:** acknowledgement of undergraduate academic achievements.
- 1999** **Gary & Dana Shapiro Graduate Fellowship Award:** \$20,000 in recognition of academic achievements.
- 1998** **Volunteer of the Year Award, DC Rape Crisis Center:** in recognition of the time spent working on rape crisis hotline and presenting workshops on rape prevention to the DC community.

LEADERSHIP/ADMINISTRATIVE POSITIONS

- 9/2023-present** **Chief Executive Officer and Founder, Center for Psycho-Oncology Care, A Psychology Corporation**
 Founder of this Center responsible for: making major corporate decisions, development and approval of services offered, managing overall operations, and settings the Center's strategic direction.
- 7/2022 - 8/2023** **UC San Diego Health Medical Director & Disease Team Lead for Psychiatry & Psychology Services, Moores Cancer Center**
 Oversee psycho-oncology service operations and program development specific to psychology service line. Member of Cancer

Cabinet and appointed Medical Director representing Moores Cancer Center for wider UC San Diego Health System.

- 10/2013-8/2023** **Co-Director for Psycho-oncology Training and Education, Psychiatry & Psychology Services, UC San Diego Moores Cancer**
Oversee training and education for the psycho-oncology program that enrolls pre-doctoral graduate level trainees, interns and psychiatry residents.
- 7/2015-6/2022** **Chair, Department of Psychiatry's Personalized Consultation Program (PCP); Sponsored by Chair's Advisory Committee on Diversity Issues**
Have led this special task force in the development of this new program designed to offer psychiatry department trainees access to designated faculty members who serve as consultants on issues related to managing diversity issues while balancing a career.
- 1/2014 -2017** **Clinical Psychology Lead Representative, UC San Diego Moores Cancer Center's Executive Team on Implementing a Bio-psychosocial Distress Screening Program**
This team is tasked with implementing an effective bio-psychosocial distress screening instrument by 2015 as required by the American College of Surgeon's Commission on Cancer.
- 1/2014 -10/2015** **Clinical Psychology Lead Representative, UC San Diego Moores Cancer Center's Executive Team on Implementing a Supportive Care Program**
This team is tasked with implementing an effective supportive care program that will follow a patient navigation and peer to peer model.

CLINICAL EXPERIENCE

- 10/13-8/23** **Clinical Psychologist, University of California, San Diego (UCSD), Moores Cancer Center, Psychiatry and Psychology Services**
As a bilingual licensed clinical psychologist conducting psychological assessments, ongoing psychotherapy, and emergency crisis interventions. Provide individual, couples, family, and group therapy to cancer patients and their families utilizing evidenced-based interventions such as Cognitive Behavior Therapy (CBT), Problem-solving Therapy (PST), Acceptance and Commitment Therapy (ACT) and Meaning Centered Therapy (MCT) in both Spanish and English.
- 7/16-8/23** **Clinical Psychologist, University of California, San Diego (UCSD), Psychiatry's La Jolla Campus Emergency Department & Jacob's Medical Center Inpatient On Call Service**

Conduct emergency psych assessments as part of the Department of Psychiatry's on call team. Carry out 5150 holds and triage patients to inpatient psychiatric services when needed.

6/12-12/12

Clinical Psychologist, Imperial Beach Health Clinic, Imperial Beach

Provide part-time psychological services to adult and older adult patients in a primary health setting. Conduct brief evidenced-based psychotherapies in both English and Spanish.

9/05 - 9/06

Geropsychology Postdoctoral Fellow, Sharp Mesa Vista Hospital

Intricately involved in multidisciplinary outpatient team, providing behavioral and cognitive-behavioral group, family, and individual therapy in an intensive outpatient program for seniors with severe mood disorders. Also conducted groups, brief assessment, and participated in multidisciplinary treatment planning on the locked geropsychiatric unit. Attended weekly seminars and case conferences and supervised pre-doctoral interns.

Supervisor: Lynn Northrop, Ph.D.

9/04-8/05

Psychology Intern, Sharp Mesa Vista Hospital, San Diego, CA (APA Accredited)

Three rotations in Cognitive Intensive Outpatient Program, Geropsychology - Senior Intensive Outpatient Program and Clinical Research Department (split rotation), and Adult Inpatient Treatment Program. Duties include cognitive and intellectual assessment, group therapy, and recruitment of research participants, with an emphasis on the assessment and treatment of adults and older adults.

Supervisor: Lynn Northrop, Ph.D.

11/00-8/04

Bilingual Psychology Trainee, Older Adult and Family Center, Stanford University School of Medicine, Palo Alto, CA

Conducted psychological interviews, assessed emotional functioning and coping resources, and provided interventions for dementia caregivers. **Supervisors: Dolores Gallagher-Thompson, Ph.D., ABPP & Larry Thompson, Ph.D**

09/02-8/03

Bilingual Psychology Trainee, Family and Community Enrichment Services, Inc. (FACES), San Carlos, CA

Provided individual, couples, and family therapy to clients at this community outpatient clinic.

3/01-3/02

Psychology Trainee, Curt and Barbara Gronowski Clinic, Pacific Graduate School of Psychology, Palo Alto, CA

Conducted psychiatric diagnostic evaluations, designed and implemented clinical interventions and treatment plans, and provided individual and family therapy.

COMPETITIVE SELECTION FOR LEADERSHIP DEVELOPMENT

- 2020** **Business and Entrepreneurship Acumen for Medicine (BEAM), UCSD & Rady School of Management**
Selected to participate in intensive course on venture innovation, business model and leadership development, venture financing, and growth strategy in healthcare administration and academic medicine.
- 2017** **Palliative Care Research Cooperative Group (PCRC), Palliative Care Clinical Trials Intensive, NIH funded.**
Selected to participate in this intensive workshop to learn the foundation in practical aspects in conducting a randomized clinical trial in palliative care.
- 2016** **Massachusetts General Hospital (MGH) Workshop on Methods on Supportive Oncology Research, NCI funded.**
Selected to participate in this intensive workshop to learn study designs, qualitative and survey methods, and approaches to data analysis in supportive oncology research.
- 2016** **City of Hope, Applying Cognitive Behavioral and Related Interventions in Cancer Supportive Care Workshop, NCI funded.**
Selected to participate in this NCI funded intensive workshop to learn successful implementation of evidence based psychotherapy interventions for cancer survivors, patients in active treatment and cancer caregivers.
- 2014** **City of Hope, Implementing and Evaluating Supportive Care Programs, NCI funded.**
Selected to attend this NCI funded training program designed to teach skills to improving supportive cancer care programs for survivors and patients in active treatment.
- 2014** **City of Hope, Implementing Comprehensive Biopsychosocial Screening, NCI funded.**
Selected to attend this NCI funded intensive training program aimed at teaching oncology health professionals to implement an appropriate biopsychosocial screening tool to cancer survivors and patients in active treatment.

- 2013 UC San Diego National Center of Leadership in Academic Medicine (NCLAM).**
Selected to participate in this seven-month Health Sciences mentoring program designed to provide assistant professors with the knowledge, skills, and resources necessary to succeed in academic medicine.
- 2012 NIMH Critical Research Issues in Latino Mental Health Conference.** Selected to attend this NIH-funded clinical research grant writing seminar.
- 2009 Mentorship and Education Program (MEP) in Mental Health Services Research, NIH funded.** Selected to attend this NIH-funded, cross-cultural research training seminar.
- 2009 Robert Wood Johnson Medical School/NIH: Critical Research Issues in Latino Mental Health Conference.** Selected to attend this NIH-funded Latino-focused research training seminar
- 2007 Summer Research Institute in Geriatric Psychiatry:** selected to attend this NIH-funded research training seminar held at the University of Washington.
- 2006 The National Conference on Training in Professional Geropsychology: Developing the Pikes Peak Model:** selected to participate in the development of a Geropsychology training model. Conference sponsored by the APA Division 20 (Adult Development and Aging) and Division 12 - Section II (Society of Clinical Psychology, Section on Geropsychology).

FUNDED RESEARCH ACTIVITIES/TRAINING

- 02/2011-08/2023 Clinical Professor, University of California, San Diego (UCSD):** past and current involvement in several large-scale clinical research studies focused on improving mental health outcomes in middle-aged and older adults with emphasis on U.S. Latinos. Most recently conducting research focused on cancer patients and their loved ones.
- 10/09-02/2011 Geropsychiatry Postdoctoral Research Fellow, University of California, San Diego (UCSD):** testing the efficacy of behavioral and functional skills training protocol designed to enhance the functioning and quality of life of middle-aged and older patients with psychosis; testing the implementation of an evidence-based psychosocial treatment designed for Latino patients with diabetes

and depression. **Principal Investigators: Brent Mausbach, Ph.D., & Dilip Jeste, M.D., Gregory Aarons, Ph.D.**

10/06 - 10/09

Ruth L. Kirschstein National Service Award - NRSA T-32 Geropsychiatry Postdoctoral Research Fellow, University of California, San Diego (UCSD), National Institutes of Health: National Institute of Mental Health (1 T32 MH 019934):

developing and testing the efficacy of behavioral and functional skills training protocols designed to enhance the functioning and quality of life of middle-aged and older Latino patients with psychosis.

Principal Investigators: Thomas Patterson, Ph.D., & Dilip Jeste, M.D.

11/00-8/04

Graduate Research Assistant, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Palo Alto, CA

Extensively involved in designing and coordinating NIH-funded studies for dementia family caregivers. **Principal Investigators: Dolores Gallagher-Thompson, Ph.D., ABPP & David Spiegel, M.D.**

9/01-1/02

Graduate Research Assistant, Pacific Graduate School of Psychology, Palo Alto, CA

Participated in the collection, entry and analysis of data concerning treatment for individuals with a disability. Involved in writing manuscripts for publication and presentation.

Principal Investigator: Linda Mona, Ph.D.

Summer 1997

Research Assistant, Geriatric Psychiatric Branch, National Institutes of Health (NIH): National Institute of Mental Health (NIMH), Bethesda, MD

Participated in the collection, scoring, recording and computer entry of cognitive, behavioral and biological data of participants in the Alzheimer's study.

10/93-12/94

Research Assistant, Department of Community Sciences, School of Public Health, University of California at Los Angeles (UCLA)

Conducted lengthy psychological interviews in both Spanish and English for minority adolescents and their parents participating in the Social Support and Coping Project. Was responsible for collecting, scoring and recording data.

Principal Investigator: Bonnie Taub, Ph.D.

TEACHING & CLINICAL SUPERVISION

10/2013-8/2023

Clinical Supervisor, UCSD Moores Cancer Center

Provide clinical supervision for clinical psychology graduate APA intern and practicum level trainees treating cancer patients in active treatment and cancer caregivers.

Fall 2012 -2015 Clinical Supervisor, Geriatric Psychiatry Residency Training Program, University of California, San Diego, Division of Geriatric Psychiatry

Provide clinical supervision for psychiatry fellows conducting psychotherapy.

Training Director: Daniel Sewell, M.D.

8/11 - 2015 Clinical Supervisor, San Diego State University (SDSU)/ University of California, San Diego (UCSD)

Provide clinical supervision for second year graduate level students enrolled in Clinical Psychology Joint Doctoral Program (JDP). In addition, provide supervision for bilingual doctoral students seeing Spanish-speaking clients.

Training Directors: Elizabeth Klonoff, Ph.D. & Michael Taylor, Ph.D.

2015-2016 SDSU/UCSD Joint Doctoral Program (JDP) in Clinical Psychology

Dissertation Committee Member for Jennifer Ho.

Fall 2011 SDSU/UCSD Joint Doctoral Program (JDP) in Clinical Psychology

Instructor, PSYCH 820, Cultural Psychology, Taught APA approved graduate course for Joint Doctoral Program (JDP).

9/05 - 9/06 Clinical Supervisor, Sharp Mesa Vista Hospital, CA

Supervised and mentored predoctoral internship providing psychological services in the inpatient and intensive outpatient geriatric psychiatric units.

Training Director: Lynn Northrop, Ph.D.

MENTORING

2024-2025 Mentor, APOS Mentorship Program.

Selected by APOS to serve as a mentor for a clinical psychologist in a leadership position at Rush University Medical Center in Chicago, Illinois.

2021-2023 Faculty Mentor, Sanford Scholars Research Program

T. Denny Sanford Institute for Empathy and Compassion, Sanford Scholars Research Program for 2nd year medical students. Moores Cancer Center, University of California, San Diego.

- 2018-8/2023** **Faculty Mentor, NIH/NCI - Youth Enjoy Science Program** –
Multidisciplinary Educational Approach to Reducing Cancer
Disparities, University of San Diego, Moores Cancer Center.
- 2015-2018** **Faculty Mentor, Postdoctoral Diversity Mentorship Program in
Psychiatry**, University of California, San Diego & San Diego Veterans
Affairs
- 2013 - 2014** **Faculty Mentor, Medical Student Training and Research
Experience in Aging and Mental Health (MSTREAM)**, University of
California, San Diego
- 9/09-2012** **Faculty Mentor, NIH Career Opportunities in Research (COR)
Program**
San Diego State University and University of California, San Diego
- 2007-2011** **Faculty Mentor, Stein Institute’s High School Student Training in
Aging Research Program (HS STAR)**, University of California, San
Diego
- 1/2011 - 6/2011** **Faculty Mentor, Faculty Mentorship Program**
University of California, San Diego
- 7/07 - 8/08** **Faculty Mentor, McNair Scholars Program,**
University of California, San Diego

UNIVERSITY SERVICE/COMMITTEE MEMBERSHIP

- 2019 to present** **UCSD Moores Cancer Center Patient & Family Advisory Council
(PFAC)**
Community Member, Professional Cancer Care Specialist
- 2016 to 8/2023** **UCSD Department of Psychiatry’s PET Council**
Psychology Representative on Education RVU Special Task Force
- 2014 to 8/2023** **UCSD/VA Psychology Internship Training Committee (PITC)**
Committee Member
- 2014 to 2017** **UCSD Moores Cancer Center’s Executive Committee on
Implementing a Bio psychosocial Distress Screening Program**
Committee’s Clinical Psychology Representative
- 2014 to 2017** **American Psychosocial Oncology Society’s Education
Committee,**

Committee Member

2014 to 2017 **American Psychosocial Oncology Society, Special Interest Group on Healthcare Disparity**
Member

2011 to 08/2023 **Chair's Advisory Committee on Diversity Issues,**
University of California, San Diego (UCSD), Department of Psychiatry.
Chair the Personalized Consultation Program (PCP) Task Force.

2011-08/2023 **SDSU/UCSD Joint Doctoral Program in Clinical Psychology**
Student Selection Committee Member, Experimental Psychopathology Track

2012-2014 **SDSU/UCSD Joint Doctoral Program in Clinical Psychology**
Guidance Committee Member

COMMUNITY SERVICE

2019 to present **Cultural Consultant, Binational Consortium Cancer Work Group of the Border Health Consortium and Collaborative**
County San Diego and Imperial County

2007 to 2012 **Cultural Competence Resource Team,**
County of San Diego, Health and Human Services Agency Behavioral Health Services

2009 to 2012 **Latino Advisory Committee,**
Southern Caregiver Resource Center, San Diego, CA

10/09-2012 **Cultural Consultant/Advisor/Trainer, Southern Caregiver Resource Center, San Diego, CA**
Providing guidance and clinical consultation in the implementation of an evidence based psychosocial treatment intervention designed for Latino dementia caregivers.

11/03-7/06 **Cultural Consultant, Alzheimer's Association, Northern California Chapter, Mountain View, CA**
Conducted Spanish-language training sessions to professionals at local Senior Adult Day Health programs on caring for dementia patients. Also helped develop and translate a three-part Spanish newsletter entitled: "Paso a Paso" (Step by Step), which covers specific issues related to the beginning, middle and last stage of Alzheimer's disease.

AD-HOC REVIEWER:

- Psycho-Oncology
- American Journal of Geriatric Psychiatry
- Clinical Gerontologist
- International Journal of Qualitative Studies on Health & Well-being
- International Journal of Geriatric Psychiatry
- Health Psychology
- Stress and Health
- Schizophrenia Research
- Journal of Psychiatric Practice
- Psychiatry: Interpersonal and Biological Processes
- Journal of Cross-Cultural Gerontology
- Journal of Latino/a Psychology

AFFILIATIONS AND MEMBERSHIPS

American Academy of Hospice and Palliative Medicine (AAHPM)

Palliative Care Research Cooperative Group (PCRC)

American Psychosocial Oncology Society (APOS)

Gerontological Society of America (GSA)

Psychologists in Long Term Care - (PLTC)

National Latina/o Psychological Association (NLPA)

American Psychological Association (APA)

American Society on Aging (ASA)

American Society of Hispanic Psychiatry (ASHP)

PUBLICATIONS

PEER REVIEWED MANUSCRIPTS

1. Mausbach, B., Coon, D.W., **Cardenas, V.**, & Thompson, L. W. (2003). Religious coping among Caucasian and Latina Dementia Caregivers. Journal of Mental Health and Aging, 9, 97-110.
2. Depp, C., Krisztal, E., **Cardenas, V.**, Oportot, M., Mausbach, B., Ambler, C., Leung, L., & Gallagher-Thompson, D. (2003). Treatment Options for Improving Well-Being in Dementia Family Caregivers: The Case for Psychoeducational Interventions. The Clinical Psychologist, 7, 21-31.
3. Gallagher-Thompson, D., Singer, L., Depp, C., Mausbach, B.T., **Cardenas, V.**, & Coon, D.W. (2004). Effective recruitment strategies of Latino and Caucasian Dementia family caregivers in intervention research. American Journal of Geriatric Psychiatry, 12, 484-490.

4. Mausbach, B.T., **Cardenas, V.**, Goldman, S., Patterson, T.L. (2007). Symptoms of psychosis and depression in middle-aged and older adults with psychotic disorder: The role of activity satisfaction. *Aging and Mental Health*, 11, 339-345.
5. Mausbach, B.T., Bucardo, J., **Cardenas, V.**, McKibbin, C.L., Barrio, C., Goldman, S.R., Jeste, D.V., & Patterson, T.L. (2008). Evaluation of a culturally tailored skills intervention for Latinos with persistent psychotic disorders. *American Journal of Psychiatric Rehabilitation*.
6. Mausbach, B., **Cardenas, V.**, McKibbin, C.L., Jeste, D.V., Patterson, T.L. (2008). Reducing emergency medical service use in patients with chronic psychotic disorders: Results from the FAST intervention study. *Behaviour Research and Therapy*, 46, 145-153.
7. **Cardenas, V.**, Mausbach, B., Barrio, C., Bucardo, J., Jeste, D., Patterson, T.L. (2008). The relationship between functional capacity and community responsibilities in middle-aged and older Latinos of Mexican origin with chronic psychosis. *Schizophrenia Research*, 98, 209-216.
8. Mausbach, BT, Depp, CA, **Cardenas, V.**, Jeste, DV, & Patterson, TL. (2008). Relationship between functional capacity and community responsibility in patients with schizophrenia: Differences between independent and assisted living settings. *Community Mental Health Journal*, 44, 385-391.
9. Mausbach, B.T., Moore, R., Bowie, C., **Cardenas, V.**, & Patterson, T.L. (2009). A review of instruments for measuring functional recovery in those diagnosed with psychosis. *Schizophrenia Bulletin*, 35(2), 307-18.
10. Folsom, D., Depp, C., Palmer, B., Mausbach, B., Golshan, S., Fellows, I., **Cardenas, V.**, Patterson, T.L., Kraemer, H.C, Jeste, D. (2009) Physical and mental health-related quality of life among older people with schizophrenia. *Schizophrenia Research*, 108 (1-3), 207-13.
11. Jeste, D., Twamley, E., **Cardenas, V.**, Lebowitz, B., Reynolds, C. (2009) A call for training the trainers: Focus on Mentoring to Enhance Diversity in Mental Health Research. *American Journal of Public Health*, Suppl 1:S31-7.
12. Tiznado, D., Mausbach, B., **Cardenas, V.**, Jeste, D., Patterson, T. (2010) UCSD SORT Test (U-SORT): Examination of a Newly Developed Organizational Skills Assessment Tool for Severely Mentally Ill Adults. *Journal of Nervous and Mental Disease*, 198 (12): 916-919.
13. Depp, C.A., Mausbach, B., Granholm, E., **Cardenas, V.**, Ben-Zeev, D., Patterson, T.L., Lebowitz, B., Jeste, D.V. (2010) Mobile Interventions for Severe Mental Illness: Design and Preliminary Data from Three Approaches. *Journal of Nervous and Mental Disease*, 198 (10): 715-721.

14. Jimenez, D.E., Bartels, S.J., **Cardenas, V.**, Daliwal, S.S., Alegria, M. (2011) Cultural Beliefs and Mental Health Treatment Preferences of Ethnically Diverse Older Adult Consumers in Primary Care. American Journal of Geriatric Psychiatry, 00:00: 1-10.
15. Depp, C.A., **Cardenas, V.**, Harris, S., Vahia, I.V., Patterson, T.L., Mausbach, B.T. (2011) Psychopathological and Functional Correlates of Behavioral Activation and Avoidance in Schizophrenia. Journal of Nervous and Mental Disease, 199 (11): 861-865.
16. **Cardenas, V.**, Abel, S., Bowie, C.R., Tiznado, D., Depp, C.A., Patterson, T.L., Jeste, D.V., Mausbach, B.T. (2012) When Functional Capacity and Real-World Functioning Converge: The Role of Self-Efficacy. Schizophrenia Bulletin, 2/14/2012.
17. Moore, R.C., Davine, T., Harmell, A.L., **Cardenas, V.**, Palmer, B.W., Mausbach, B.T. (2013) Using the Repeatable Battery for the Assessment of Neuropsychological Status (RBANS) Effort Index to Predict Treatment Group Attendance in Middle-aged and Older Patients with Schizophrenia. Journal of the International Neuropsychological Society, 19(2), 198-205.
18. Mausbach, B.T., Moore, R.C., Davine, T., **Cardenas, V.**, Bowie, C.R., Ho, J., Jeste, D.V., Patterson, T.L. (2013) The use of the theory of planned behavior to predict engagement in functional behaviors in schizophrenia. Psychiatry Research, 205(1-2), 36-42.
19. Jimenez, D.E., Bartels, S.J., **Cardenas, V.**, Alegria, M. (2013) Stigmatizing Attitudes towards Mental Illness among Racial/Ethnic Older Adults in Primary Care. International Journal of Geriatric Psychiatry, 28, 1061-1068.
20. Ho, J., Moore, R., Davine, T., **Cardenas, V.**, Bowie, C.R., Patterson, T.L., Mausbach, B.T. (2013) Direct and Mediated Effects of Cognitive Function with Multidimensional Outcome Measures in Schizophrenia: The Role of Functional Capacity. Journal of Clinical and Experimental Neuropsychology.
21. Vahia, I.V., Ng, B., Camacho, A., **Cardenas, V.**, Cherner, M., Depp, C.A., Palmer, B.W., Jeste, D.V., Agha, Z. (2014) Telepsychiatry for Neurocognitive Testing in Older Rural Latino Adults. American Journal of Geriatric Psychiatry.
22. Moore, R., Harmell, A., Harvey, P., Bowie, C.R., Depp, C., Pulver, A., McGrath, J., Patterson, T., **Cardenas, V.**, Wolyniec, P., Thornquist, M.H, Luke, J.R, Palmer, B.W., Jeste, D.V., Mausbach, B.T. (2015) Improving the understanding of the link between cognition and functional capacity in schizophrenia and bipolar disorder. Schizophrenia Research, <http://dx.doi.org/10.1016/j.schres.2015.09.017>.
23. Mausbach, B.T., Tiznado, D., **Cardenas, V.**, Jeste, D.V., Patterson, T.L. (2016) Validation of the UCSD Performance-based Skills Assessment (UPSA) in Hispanics with and without Schizophrenia. Psychiatry Research, 244:388-93

24. **Cardenas, V.**, Mausbach, B.T, Sommerfeld, D., Jimenez, D., von Känel, R., Ho, J.S, Garcia, P., Aarons, G. (2017) Depression is associated with increased risk for metabolic syndrome in Latinos with Type 2 Diabetes. *American Journal of Geriatric Psychiatry*. <http://dx.doi.org/10.1016/j.jagp.2017.02.017>
25. Rich, P., Aarons, G.A., Takemoto, M., **Cardenas, V.**, Crist, K., Bolling, K., Lewars, B., Sweet, C.C., Natarajan, L., Shi, Y., Full, K.M., Johnson, E., Rosenberg, D.E., Whitt-Glover, M., Marcus, B., Kerr, J. (2018) Implementation-effectiveness Trial Of An Ecological Intervention For Physical Activity in Ethnically Diverse Low Income Senior Centers. *BMC Public Health*, 18:29, DOI 10.1186/s12889-017-4584-1.
- 26. Cardenas, V.**, Abbott, Y., Hirst, J., Mausbach, B., Agarwal, S., Collier, G., Tran, L., Tamayo, G., Downey, A., Herring, M., Irwin, S. (2019) Development, Implementation, and initial results of the UC San Diego Health Moores Cancer Center Wellbeing Screening Tool. *Palliative and Supportive Care*, Jan 2:1-5.
27. Jimenez, D.E., Martinez Garza, D., **Cardenas, V.**, Marquine, M. (2020) Older Latino Mental Health: A Complicated Picture. *Innovation in Aging*, Volume 4, Issue 5, 2020, igaa033, <https://doi.org/10.1093/geroni/igaa033>
28. Ko E, Zúñiga ML, Woodruff SI, Serra-Martinez Y, & **Cardenas V.** (2020) Development of a Survivorship Care Plan (SCP) Program for Rural Latina Breast Cancer Patients: Proyecto Mariposa. *International Journal of Environmental Research and Public Health*, 17(6), 5784.
29. Ko, E., **Cardenas, V.**, Zúñiga ML, Woodruff SI, Rodriguez, V., Palomino, H. (2021) Challenges for Latina Breast Cancer Patient Survivorship Care in a Rural US-Mexico Border Region. *International Journal of Environmental Research and Public Health*.;18(13):7024.doi: 10.3390/ijerph18137024.
30. Ko E, Woodruff SI, Zúñiga ML, **Cardenas V.**, Lizarraga M, Urias, A. (2022) Culturally-tailored survivorship care planning for rural Latina breast cancer patients: a pilot study. *Journal of Psychosocial Oncology*.10:1-12. doi:10.1080/07347332.2022.2141168.

BOOK CHAPTERS

1. Coon, D., Robinson, G., Gillipsie, Z., **Cardenas, V.**, Gallagher-Thompson, D. (2005). Cognitive-behavioral group interventions. In J. Beck, (Ed.), *Oxford Textbook of Psychotherapy*. Oxford University Press.
2. Gallagher-Thompson, D., Dillinger, J., Gray, H., **Cardenas, V.**, Singer, L. (2006). End of life perspectives from multicultural women. In C. Goodheart, (Ed.), *Girls' and Womens' Psychological Health*. APA Press.
3. Mona, L., Romesser, J., Cameron, R., **Cardenas, V.** (2006). Cognitive-Behavior and people with disabilities. In P. Hays, (Ed.), *Culturally responsive Cognitive-Behavioral therapy: Assessment, Practice, and Supervision*. APA Press.

4. Depp, C., **Cardenas, V.**, Cain, A., Patterson, T.L. (2011). Assessing Life Skills. In M.T. Abou-Saleh, (Ed.), Principles and Practice of Geriatric Psychiatry, Third Edition. Wiley Press.
5. **Cardenas, V.**, Helu, P., Tiznado, D., Ho, J., (2012). Assessing Psychosis in Hispanics. In Guide to Psychological Assessment with Hispanics. Springer Press.
6. Gallagher-Thompson, D., Alvarez, P., **Cardenas, V.**, Tzuang, M., Velasquez, R., Buske, K., VanTilburg, L. (2015). From the Ivory Tower to the Real World: Translating an Evidenced-Based Intervention for Latino Dementia Family Caregivers into a Community Setting. In Partnerships for Mental Health. Springer International Publishing.

TREATMENT MANUALS & VIDEOS

1. Solano, N., **Cardenas, V.**, Day, S., & Gallagher-Thompson, D. (2002). Reduciendo su tensión y mejorando su calidad de vida: Una clase para cuidadoras. Stanford University School of Medicine and VA Palo Alto Health Care System. (Note: This is a Spanish language manual for treating distress in Latina family caregivers. Includes modules on behavior management and end-of-life issues.)
2. **Cardenas, V.**, Mendez, E., Jimenez, D., Mora, L., Ortega, S., Yau, E. (2006). Paso a Paso (Step by Step). Alzheimer's Association, Northern California Chapter. (Note: This is a Spanish three-part information guide designed to teach about the early, middle and late stages of Alzheimer's disease).
3. **Cardenas, V.**, Harrison, K., McKibbin, C., Goldman, S., Patterson, T.L. (2008). Skills Training Empowerment Program Treatment Manual. University of California, San Diego. (Note: This manual is designed to teach everyday functioning skills to middle-aged and older patients with psychosis).
4. McKibbin, C., **Cardenas, V.**, Rodriguez, R., Kennedy, G. (2008). Saludable Treatment Manual. University of California, San Diego. (Note: This manual is designed to target culturally tailored healthy lifestyles aimed to improve the well-being of older Latinos with psychosis who are diagnosed or at risk for developing diabetes).
5. **Cardenas, V.**, Gallagher-Thompson, D. (2010). C.A.L.M.A - Cuidadores Acompañándose y Luchando para Mejorar y Seguir Adelante. Southern Caregiver Resource Center, San Diego, CA. (Note: This is a 4 session Spanish language group therapy manual for treating distress in Latino family dementia caregivers. (Includes modules on stress management and techniques to improve family communication).
6. Abel, S., Bordon, J., Davine, T., Ho, J., Moore, R., **Cardenas, V.**, Mausbach, B. *Improving Recovery in Schizophrenia - I.R.I.S. A Manual for Improving Functional Capacity in*

Patients with Schizophrenia or Schizoaffective Disorder. Unpublished treatment manual, University of California, San Diego, 2012.

7. Ko, E., **Cardenas, V.**, Zuniga, M., Woodruff, S. (2019). Treatment Summary & Survivorship Care Plan for Breast Cancer/Resumen de Tratamiento y Plan de Atención de Sobrevivencia Para Cáncer de Seno (Mama). San Diego State University/University of California, San Diego Partnership. (Note: This is an English/Spanish culturally tailored survivorship care plan tool (treatment summary, follow-up plan and resources) designed for Latina breast cancer patients at the completion of their cancer treatment.
8. **Cardenas, V.**, Ko, E., Zuniga, M., Woodruff, S. (2019). Mariposa Survivorship Care Plan (SCP) Training Manual for Nurse and Social Work Patient Navigators. (Note: This is a 7-module manual designed to train patient navigators on the delivery of an SCP to Latina breast cancer survivors
9. Ko, E., **Cardenas, V.**, Zuniga, M., Woodruff, S (2019). Mariposa Animated Teaching Video. (Note: This 3 scene animated video was written and produced as part of a survivorship care planning (SCP) intervention designed to teach Latina breast cancer survivors how to utilize and SCP and communicate with their primary care physician and family members.
10. Felix-Wilson, J., Tao, C., Martinez-Parker, M., Meier, E., Berman, M., Tiamson-Kassab, M., **Cardenas, V.** (2020) UCSD Moores Cancer Center Psychiatry and Psychology Services Telepsych Service Manual. This manual was developed to create structure via telehealth services to deliver a host of evidenced-based psychological interventions for cancer patients and their loved-ones.
11. Rappoport, C., **Cardenas, V.** (2023) CogSmart in Cancer Care Group Manual. This manual was developed to offer an adapted version for a cancer setting of an evidenced-based treatment known as Cognitive Symptom Management and Rehabilitation Therapy that specifically targeted cognitive issues brought on by chemotherapy.
12. Gomez, M., **Cardenas, V.**, Zermeno, A., Goyal, N. (2024) Grupo Cognitivo y Conductual: Herramientas y Técnicas Útiles Para Navegar y Lidar con el Cáncer (CBT Tools to Manage and Cope with Cancer). This 8-week Spanish language skill-based group manual was developed and now delivered at the UCSF Helen Diller Family Comprehensive Cancer Center, University of California-San Francisco.

MEDIA INTERVIEWS & APPEARANCES IN DOCUMENTARY FILMS

1. Caring for Those Who Cared for Us

Film produced by the National Institute of Mental Health (NIMH)

Fox Learning Systems, 2009

2. More Than Just the Blues

Film produced by University of California, San Diego and National Alliance on Mental Illness (NAMI) San Diego, 2008

3. As 'Crucial Piece" of Cancer Experience, Caregivers Often Require Emotional Support

Interviewed for article in *HemOnc Today*, December 2015.

4. Help for the Helpers: Why Cancer Caregivers Need Self-Care

Interviewed for article in *Living Beyond Breast Cancer*, June 2016.

5. Eight Tips for Long-Distance Caregivers

Interviewed for article in *Breastcancer.org*, September 2018.

<https://staging.breastcancer.org/treatment/blog/long-distance-caregivers>

6. Everyone Needs to Know About Hospice

Interviewed for article in *Desire Health Magazine, Inc. (DHMI.org)*, September 2022.

SYMPOSIUM & INVITED LECTURES

1. **Cardenas, V.** (1998, March). American-Caucasian and Latin American men's ranking of thirteen acts of romance. Paper presented at the annual meeting American University College of Arts and Sciences Student Research Conference, Washington, DC.
2. Mona, L., **Cardenas, V.**, Burnette, E. (2001, October). People with disabilities chatting it up about sexuality: A content analysis of chat room discussions. Paper presented at the annual meeting of the Society for the Scientific Study of Sexuality, San Diego, CA.
3. Gallagher-Thompson, D., Coon, D., Tang, P., Hargrave, R., **Cardenas, V.** (2002, September). Cultural Issues and Family Caregiving. Symposium presentation at the 2002 Annual Convention of CAADS, San Francisco, CA.
4. Solano, N., **Cardenas, V.**, Tang, P., Kinoshita, L., Gallagher-Thompson, D. (2003, January). Psychoeducational Interventions for Family Caregivers: A Multicultural Perspective. Symposium presentation at the 2003 APA Multicultural Summit, Hollywood, CA.
5. **Cardenas, V.**, Hargrave, R., Tang, P., Coon, D., Gallagher-Thompson, D. (2003, June). Effective Psychoeducational Intervention Strategies for Latina Dementia Caregivers. Symposium presentation at the 2003 Summer Series on Aging, American Society on Aging, San Francisco, CA.

6. Gallagher-Thompson, D., **Cardenas, V.**, Egwaikhide, A., Oportot, M. (2003, November). Multicultural Outreach: A Comparison of Successful Strategies. Paper presented at the Gerontological Society of America, San Diego, CA.
7. Gallagher-Thompson, D., **Cardenas, V.**, Egwaikhide, A., Oportot, M. (2003, November). Multicultural Outreach: A Comparison of Successful Strategies. Paper presented at the Gerontological Society of America, San Diego, CA.
8. **Cardenas, V.**, Jimenez, D. (2004, June). An Effective Cognitive Behavioral Intervention Group for Latina Dementia Caregivers. Symposium presentation at the 2004 Summer Series on Aging, American Society on Aging, San Francisco, CA.
9. **Cardenas, V.**, Mausbach, B. (2005, January). Investigating Social Support and Depressive Symptoms Among Latina Dementia Caregivers. Symposium presentation at the 2005 APA Multicultural Summit, Hollywood, CA.
10. Mausbach, B.T., **Cardenas, V.**, Jeste, D.V., & Patterson, T.L. (2007, November). How Do We Know When Middle-aged and Older Adults with Schizophrenia can Function in the "Real World?" Development of a Brief Measure of Functional Capacity. Symposium presented at the annual meeting of the Gerontological Society of America, San Francisco, CA.
11. **Cardenas, V.**, McKibbin, C, & Bucardo, J. (2008, February). Development of Culturally Adapted Psychosocial Treatment Interventions for Older Adult Latinos with Psychosis. Symposium presented for the UCSD Geriatric Psychiatry Seminar, San Diego, CA.
12. **Cardenas, V.**, Patterson, T., McKibbin, C., Goldman, S., Jeste, D. 2009, October) Functional Adaptation Skills Training FAST: Highlights from a psychosocial intervention for middle-aged and older patients with psychosis. Training session delivered to Heritage Clinic Staff, San Diego, CA.
13. **Cardenas, V.**, Bitterlin, J., Tiznado, D., Barrio, C., Jeste, D. (2009, August). Examination of Cultural and Methodological Factors Necessary in Developing a Skills-Based Treatment Protocol for Middle-aged and Older Latinos with Psychosis. Symposium presented at the Mentorship Education Program (MEP) conference, New Mexico.
14. **Cardenas, V.**, Gallagher-Thompson, D. (2009, November). Examination of Cultural and Methodological Factors Necessary in Culturally Tailoring Psychological Treatment Interventions for Latino Dementia Caregivers. Symposium presented at the Southern Caregiver Resource Center's Special Stakeholders' Meeting, San Diego, CA.
15. Tiznado, D., Helu-Fernandez, P., Mausbach, B., Patterson, T., Jeste, D., and **Cardenas, V.** (2011). Validation of a Spanish Version of a Test Assessing Functional Capacity: UCSD Performance-Based Skills Assessment (UPSA). Presented at the Critical Research Issues in Latino Mental Health Conference, Miami, FL.

16. Whitaker, J., **Cardenas, V.**, Abel, D., Tiznado, D. (2011, April). Perceptions of Schizophrenia Diagnosis and Preferred Treatment Options Identified by Middle-aged and Older Latino Patients and Their Families. Presented at the UC San Diego Undergraduate Research Conference, La Jolla, CA.
17. Whitaker, J., **Cardenas, V.**, Abel, D., Tiznado, D. (2011, May) Narratives of Middle-aged and Older Latino Schizophrenia Patients and Their Families—A Cultural Perspective. Presented at the UC San Diego Faculty Mentor Program Symposium, La Jolla, CA.
18. Abel, S., Mausbach, B., **Cardenas, V.** (2011, November) When Functional Capacity and Real- World Functioning Converge: The Role of Self-Efficacy in Schizophrenia. Presented at the Gerontological Society of America Annual Scientific Meeting, Boston, MA
19. Buske, K., **Cardenas, V.** (2012, March). Implementing REACH with Latinos in San Diego. Presented at the American Society on Aging Conference, Washington, D.C.
20. **Cardenas, V.** (2012, September). Design and Implementation of a Culturally Tailored, Primary Health Clinic Strategy for Depression and Early Intervention Among Elderly Latinos with Diabetes. Presented at the NIMH Critical Research Issues in Latino Mental Health Conference, Los Angeles, CA.
21. Sommerfeld, D., **Cardenas, V.**, Aarons, G. (2012, November). Intersection Between Depression and Diabetes Change Outcomes for Elder Latinos. Presented at the Gerontological Society of America Conference, San Diego, CA.
22. Gallagher-Thompson, D., Velasquez, R., Buske, K., Van Tilburg, L., Crane, M., **Cardenas, V.** (2012, November). Implementation and Evaluation of Evidence-Based Intervention Programs for Latino Dementia Caregivers: REACHing Out. Presented at the Gerontological Society of America Conference, San Diego, CA.
23. **Cardenas, V.**, Cervantes, R., Lugo, E., Razo, C. (2012, December). Improved Depression and Diabetes Care Management among Elderly Latinos: Design, Implementation, and Preliminary Outcomes of a Culturally Tailored Strategy. Presented at the Cultural Competence & Mental Health Southern Region Summit XVIII, San Diego, CA.
24. **Cardenas, V.**, Lugo, E., Razo, C. (2013, September). Improved Depression and Diabetes Care Management among Older Adult Latinos. Presented at the Latino Behavioral Health Institute Conference, Los Angeles, CA.
25. **Cardenas, V.** (2013, September). Association Between Depression and Increased Risk for Metabolic Syndrome in Older Adult Latinos with Type 2 Diabetes. Presented at the UCSD National Center of Leadership in Academic Medicine (NCLAM) Ceremony, San Diego, CA.

26. **Cardenas, V.**, Sommerfeld, D., Lugo, E. (2013, October). An Integrated Depression and Diabetes Intervention for Latinos: Design & Outcomes. Presented at the Meeting of the Minds Conference, San Diego, CA.
27. **Cardenas, V.**, Buske, K. (2013, November). Implementation of Effective Dementia Caregiver Treatments in Ethnically Diverse Populations. Presented at the Gerontological Society of America Conference, New Orleans, LA.
28. **Cardenas, V.** (2014, June). Caregiver Resiliency: Learning How to Recover. Presented at the Riverside County's Inland Caregiver Resource Center's 2014 Caregiver Symposium, Riverside, CA.
29. Eyler, L., **Cardenas, V.**, Ulibarri, M. (2014, September). Dealing with the Unseen: Assessing and Addressing Unconscious Bias for Professional and Academic Success in Behavioral Healthcare. Presented at the Latino Behavioral Health Institute Conference, Los Angeles, CA.
30. **Cardenas, V.**, Buske, K., Guillen, M. (2014, September). Successful Implementation of Evidenced-based Treatments for Latino/a Dementia Caregivers: Results of the CALMA and CUIDAR Programs. Presented at the Latino Behavioral Health Institute Conference, Los Angeles, CA.
31. **Cardenas, V.** (2014, September). Coping with and Rising Above Unwanted Change. Presented at the Leukemia Society's Patient Meeting at UCSD Moores Cancer, La Jolla, CA.
32. **Cardenas, V.** (2014, October). Handling the Roller Coaster Ride of Sadness and Depression. Presented at the Lymphoma Society's Patient Meeting, San Diego, CA.
33. **Cardenas, V.**, Sommerfeld, D. (2014, November). Implementing the SALUD Study: An Evidenced-based Treatment for Improving Depression & Diabetes in Older Latinos. Presented at the Gerontological Society of America Conference, Washington, D.C.
34. **Cardenas, V.** (2014, November). Investigating the Implementation of Effective Clinical Tools to Provide Culturally Relevant Mental Health Interventions. Lecture delivered for the UCSD/SDSU JDP PSYCH 820, Cultural Psychology Course.
35. **Cardenas, V.** (2014, November). Delivering Culturally Appropriate Psychotherapy to U.S. Latino Patients. Lecture delivered for the UCSD/VA APA Internship Training Seminar.
36. **Cardenas, V.** (2015, March). How Depression Increases Risk for Metabolic Syndrome in Older Adult Latinos: Results from the Salud Study. Presented at the American Association for Geriatric Psychiatry Conference, New Orleans, LA.

37. **Cardenas, V.**, Abbott, Y., Hirst, J., Tamayo, G., Downey, A., Tran, L., Collier, G., Agarwal, S., Mausbach, B., Irwin, S. (2015, July). Successful Development and Implementation of the UC San Diego Moores Cancer Center Comprehensive Wellbeing Screening Program. Presented at the American Psychosocial Oncology Society Conference, Washington, D.C.
38. Mausbach, B., **Cardenas, V.**, Irwin, S. (2015, July). Relations Between Depression and Healthcare Use in Patients With Cancer. Presented at the American Psychosocial Oncology Society Conference, Washington, D.C.
39. **Cardenas, V.** (2015, November). Investigating the Implementation of Effective Clinical Tools to Provide Culturally Relevant Mental Health Interventions for U.S. Latinos. Lecture delivered for the UCSD/VA APA Internship Training Seminar.
40. Tran, L., Agarwal, S., **Cardenas, V.**, Abbott, Y., Hirst, J., Tamayo, G., Downey, A., Irwin, S. (September, 2016). Wellbeing Screening for Oncology Patients with Process Improvement. Presented at the EPIC Users' Group Annual Meeting, Verona, WI.
41. **Cardenas, V.** (2016, August). UC San Diego Moores Cancer Center's Psychology Training Program. Presented to the UCSD Moores Cancer Center's International Dokyo Medical School Training Program from Japan.
42. **Cardenas, V.** (2016, September). When and How to Say "No." Presented for the Department of Psychiatry's Professional Development Series, University of California.
43. **Cardenas, V.** (2016, December). Investigating the Implementation of Effective Clinical Tools to Provide Culturally Relevant Mental Health Interventions for U.S. Latinos. Lecture delivered for the UCSD/VA APA Internship Training Seminar.
44. **Cardenas, V.**, Meier, E., Fiorentino, L., Montross, L., Hirst, J., Tiamsom-Kasabb. (2017, February). Development of an Advanced Graduate and Internship Psychology Training Program in Psychosocial Oncology at the University of California, San Diego (UCSD) Moores Cancer Center. Presented at the American Psychosocial Oncology Society Conference, Orlando, FL.
45. **Cardenas, V.** (2017, November). Delivering Culturally Appropriate Psychotherapy to U.S. Latino Patients. Lecture delivered for the UCSD/VA APA Internship Training Seminar.
46. **Cardenas, V.** (2017, September). When and How to Say "No." Presented for the Department of Psychiatry's Professional Development Series, UCSD.
47. **Cardenas, V.** (2017, November). Mental Health Treatment for Latino Families. Presented for the RADY Children's Mental Health Professional Development Training Series.

48. **Cardenas, V.** (2019, August). Mariposa Latina Breast Cancer Survivorship Project. Lecture delivered to the UCSD Moores Cancer Center's International Dokyo Medical School Training Program from Japan.
49. **Cardenas, V.,** Villalpando, R., Nodora, J. (2019, February) Su Voz: Preferencias de Cuidados Paliativos Para Pacientes Latinos con Cáncer. Presented at the Instituto Nacional de Cancerologia INCan, Mexico City, Mexico.
50. **Cardenas, V.,** Ko, E., Zuniga, M., Woodruff, S. (2019, February). Proyecto Mariposa: Cancer Survivorship Care Planning for Rural Latina Breast Cancer Patients. Presented at the Instituto Nacional de Cancerologia INCan, Mexico City, Mexico.
51. **Cardenas, V.,** Pan, T., Villalpando, R., Meier, E., Tiamson-Kassab, M. (2019, February). Psychosocial Assessment and Management During/After Head and Neck Cancer. Presented at the 2nd Annual Multi-Disciplinary Head & Neck Cancer Conference, La Jolla, CA.
52. **Cardenas, V.,** (March, 2019). One Size Does Not Fit All: Advanced Care Planning and End-of Life Treatment Preferences Among Latino Patients with Advanced Cancer. Presented at the annual Society of Behavioral Medicine Conference, Washington, D.C.
53. Ko, E., **Cardenas, V.,** Zuniga, M., Woodruff, S. (2019, March). Updates on Proyecto Mariposa: Cancer Survivorship Care Planning for Rural Latina Breast Cancer Patients. Presented at UCSD/SDSU National Cancer Institute Partnership Steering Committee Meeting, San Diego, CA.
54. **Cardenas, V.,** Ko, E., Zuniga, M., Woodruff, S. (2019, August). Proyecto Mariposa: Plan de Atención de Sobrevivencia Para Latinas con Cáncer de Mama. Presented at Formacion en Investigacion Psicologica Oncologica en Latinoamerica (FIPO). https://www.youtube.com/watch?v=0rFvgheqM_4
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55. **Cardenas, V.,** Padua, M., (2024, September). Delivering Acceptance and Commitment Therapy (ACT) for Cancer Survivors Via Telehealth. Workshop presented at the International Psycho-Oncology Society (IPOS) World Congress held in Maastricht, Netherlands.
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CONFERENCE POSTER PRESENTATIONS

1. **Cardenas, V.,** Minichiello, M. (1997, August). Cognitive test performance of baseline and one year follow-up in Alzheimer patients and first-degree family members. Poster presented at the annual National Institute of Health Student Conference, Bethesda, MD.
2. **Cardenas, V.** (2001, May). Attitudes about relationships and education among Mexican American high school students: The effects of cultural orientation. Poster session presented at the annual meeting of the Pacific Research Society, Palo Alto, CA.

3. **Cardenas, V.**, Mausbach, B., Coon, D., & Thompson, L. W. (2002, May). Positive religious coping among Caucasian and Latina dementia caregivers. Poster session presented at the annual meeting of the Pacific Research Society, Palo Alto, CA.
4. **Cardenas, V.**, Solano, N., Gallagher-Thompson, D. (August 2002). The experiences of caregiving among Latina caregivers: A qualitative approach. Poster presented at the 2002 Annual Convention of APA, Chicago, IL.
5. **Cardenas, V.**, Rabinowitz, Y., Ambler, C., & Mausbach, B. (2002, November). Ethnic differences in the institutionalization of loved ones: A comparison of Latina and Caucasian dementia caregivers. Poster presented at the 2002 Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.
6. **Cardenas, V.**, Mausbach, B., Coon, D., & Thompson, L.W. (2003, January). Relationship between acculturation and religious coping among Latina family caregivers. Poster presented at 2003 APA Multicultural Summit, Hollywood, CA.
7. Depp, C., Singer, L., Long, C., **Cardenas, V.**, Gallagher-Thompson, D. (June, 2003) Stress management for women (Stress Management Project): Case studies. Poster presented at the 5th Annual Updates on Dementia, Stanford University School of Medicine, Palo Alto, CA.
8. Singer, L., Depp, C., Mausbach, B., **Cardenas, V.**, Long, C., Gallagher-Thompson, D. (November 2003) Ethnic differences in knowledge of dementia. Poster presented at the Gerontological Society of America, San Diego, CA.
9. Depp, C., **Cardenas, V.**, Long, C., Singer, L., Gallagher-Thompson, D. (November, 2003) Actigraphic and self-reported measures of sleep in family caregivers. Poster presented at the Gerontological Society of America, San Diego, CA.
10. Folsom, D., Depp, C., Palmer, B., Mausbach, B., Golshan, S., **Cardenas, V.**, Kraemer, H., Patterson, T., Jeste, D. (March, 2007) The relationship between age and health-related quality of life in older persons with schizophrenia. Poster presented at the UCSD Department of Psychiatry Annual Junior Faculty Research Symposium, San Diego, CA.
11. **Cardenas, V.**, Mausbach, B., Jeste, D, Patterson, T. (March, 2007) The relationship between functional capacity and community responsibility in Latinos with schizophrenia. Poster presented at the American Association of Geriatric Psychiatry, New Orleans, LA.
12. Mausbach, B., Coon, D., Patterson, T., **Cardenas, V.**, Grant, I. (August, 2007) Examining the temporal relations between behavioral activation and positive and negative affect. Poster presented at the American Psychological Association, San Francisco, CA.
13. Mausbach, B., **Cardenas, V.**, Jeste, D., Patterson, T. (August, 2007). Development of a

brief scale of functional capacity in persons with schizophrenia. Poster presented at the American Psychological Association, San Francisco, CA.

14. **Cardenas, V.**, Mausbach, B., Jeste, D., Patterson, T. (August, 2007) Effects of behavioral skills intervention on emergency service utilization in patients with schizophrenia. Poster presented at the American Psychological Association, San Francisco, CA.
15. **Cardenas, V.**, Talamantes, K., Depp, C. Allison, M., Jeste, D. (November, 2007) Envejecimiento positivo: Comparison of Latina and Caucasian older women's views of successful aging. Poster presented at the Gerontological Society of America, San Francisco, CA.
16. **Cardenas, V.**, Bitterlin, J., Barrio, C., Bucardo, J., Jeste, D. (June, 2009). Examination of cultural and Methodological Factors Necessary in Developing a Skills-Based Treatment Protocol for Middle-aged and Older Latinos with Psychosis. Poster presented at the Robert Wood Johnson School of Medicine Critical Research Issues in Latino Mental Health conference, New Brunswick, NJ.
17. Tiznado, D., Mausbach, B., **Cardenas, V.**, and Patterson, T. (August, 2009). UCSD SORT (U-SORT) Cognitive Functioning Test: Examination of a Newly Developed Organizational Skills Assessment for Severely Mentally Ill Adults. Poster presented at the 28th Annual NIMH Career Opportunities in Research Education and Training (COR) Colloquium, Albuquerque, NM.
18. Tiznado, D., **Cardenas, V.**, Head, J., Patterson, T.L., Jeste, D.V., and Mausbach, B.T. (2010). The Correlations between Self-Efficacy, Symptoms, Measures of Recovery, and Quality of Life in Severely Mentally Ill Older Adults. Poster presented at the San Diego State University Student Research Symposium, San Diego, CA.
19. Mausbach, B.T., **Cardenas, V.**, Tiznado, D., Isley, D., Jeste, D., & Patterson, T.L. (2010, April). Functional capacity, "recovery", and well-being in the severely mentally ill. Poster presented at the annual meeting of the Western Psychological Association, Cancun, Mexico.
20. Tiznado, D., Mausbach, B.T., **Cardenas, V.**, & Patterson, T.L. (2010, April). UCSD Sort test: Development of a measure of functioning. Poster presented at the annual meeting of the Western Psychological Association, Cancun, Mexico.
21. **Cardenas, V.**, Tiznado, D., Head, J., Hess, E., & Mausbach, B.T. (2010, April). Incorporating behavioral activation into treatments for schizophrenia: Relationships to well-being. Poster presented at the annual meeting of the Western Psychological Association, Cancun, Mexico.
22. Tiznado, D., **Cardenas, V.**, Isley, D., Patterson, T., Depp, C., Jeste, D, Mausbach, B. (2010, August). Increasing homework compliance in schizophrenia skills interventions:

The STEP intervention. Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.

23. Tiznado, D., Helu-Fernandez, P., Mausbach, B.T., Patterson, T.L., Jeste, D.V., **Cardenas, V.** (2011, November). Validation of a Spanish Version of a Test Assessing Functional Capacity: UCSD Performance-based Skills Assessment (UPSA). Poster presented at the Robert Wood Johnson School of Medicine Critical Research Issues in Latino Mental Health conference, Miami, FL.
24. Tiznado, D., **Cardenas, V.**, Abel, S., Lee, L., Whitaker, Y., and Mausbach, B. (2011). Understanding self-efficacy and well-being in patients with schizophrenia. Presented at the International Congress on Schizophrenia Research, Colorado Springs, CO.
25. Hess, E., **Cardenas, V.**, Abel, S., Isley, D., Head, J., Le, L., Mausbach, B. (2011, November) Staff Commitment to Persons with Schizophrenia as a Determinant of Patient Measures of Well-Being. Poster presented at the annual scientific meeting of the Gerontological Society of America, Boston, MA.
26. Davine, T., Le, L., Ho, J., **Cardenas, V.**, & Mausbach, B. T. (2011). Effects of class size and intervention type on functional outcomes for schizophrenia. Poster presented at the Western Psychological Association Conference, San Francisco, CA.
27. Moore, R., Patterson, T., Harmell, A., Ho, J., **Cardenas, V.**, Palmer, B., Jeste, D., & Mausbach, B. (2012, November). *Reliability and Validity of the Newly Developed Computerized UCSD Performance-Based Skills Assessment*. Poster presented at the annual meeting of the Gerontological Society of American, San Diego, CA.
28. Tiznado, D., Helu-Fernandez, P., Roman, E., Ho, J., Mausbach, B., Patterson, T., Jeste, D., and **Cardenas, V.** (2012). Cultural Considerations in Assessing Functioning in Hispanics With and Without Schizophrenia. Presented at the Gerontological Society of America, San Diego, CA.
29. Tiznado, D., Abel, S., Davine, T., Mausbach, B. T., **Cardenas, V.**, Patterson, T. L., & Jeste, D. V. (2012). The UCSD SORT Test (U-SORT): Assessment of organizational skills in patients with schizophrenia. Poster presented at the Gerontological Society of America Conference, San Diego, CA.
30. Ho, J., Moore, R. C., Davine, T., Abel, S., **Cardenas, V.**, Patterson, T. L., & Mausbach, B. T. (2012). Predictors of general life satisfaction and mental wellbeing in middle-aged to older persons with schizophrenia. Poster presented at the Gerontological Society of America Conference, San Diego, CA.
31. Moore, R.C., Harmell, A.L., Davine, T., **Cardenas, V.**, Palmer, B.W., & Mausbach, B.T. (2012). Predicting treatment group attendance in patients with schizophrenia: The utility of the RBANS effort index. Poster presented at the University of California, San Diego 7th Annual Junior Faculty and Postdoctoral Fellows Research Symposium.

32. Davine, T., Bordon, J., Ho, J., Head, J., **Cardenas, V.**, & Mausbach, B.T. (2013). The Theory of Planned Behavior in schizophrenia: A qualitative study. Poster presented at the Western Psychological Association Conference, Reno, NV.
33. Tiznado, D., Roman, E., Helu-Fernandez, P., **Cardenas, V.**, and Mausbach, B. (2013). Mediators of Self-Rated Health in Older Adults with a Diagnosis of Schizophrenia. Presented at the Society of Behavioral Medicine, San Francisco, CA.
34. **Cardenas, V.**, Koo, K., Hirst, J., Garcia-Mohr, M., Tamayo, G., Irwin, S. (2015). Assessing Basic Knowledge of Existing Supportive Care Services Among a Large Interdisciplinary Cancer Center Team. Presented at the American Psychosocial Oncology Society Conference, Washington, D.C.
35. **Cardenas, V.**, Mausbach, B., Hirst, J., D'Eon, M., Irwin, S. (2015) Relations Between Anxiety and Mortality in Older Patients with Cancer. Presented at the Gerontological Society of America Conference, Orlando, FL.
36. Tamayo, G., Downey, A., Irwin, S., Hirst, J., **Cardenas, V.**, Abbott, Y. (2016). Implementation of the Comprehensive Wellbeing Screening Program (CWSP) in a Multi-Specialty Oncology Clinic. Presented at the Oncology Nursing Society Conference, San Antonio, TX.
37. Abel, S., Rosenfarb, I.F., Mausbach, B.T., **Cardenas, V.** (2017) Enhancing Functional Adaptation Skills Training (FAST) Among Individuals with Schizophrenia: A Treatment Comparison Study.
38. Friedman, S., **Cardenas, V.**, Nelson, S., Gabbai-Saldate, P., Ng, K., Cohen-Arazi, Y., Ma, J., Martinez, M., Roeland, E. (2017) Advance Care Planning in Hispanic/Latino and Non-Hispanic White Patients with Cancer. Presented at the Annual American Society of Clinical Oncology (ASCO), San Diego, CA
39. **Cardenas, V.**, Friedman, S. Nodora, J., Nelson, S., Gabbai-Saldate, P., Ng, K., Cohen-Arazi, Y., Ma, J., Martinez, M., Roeland, E. (2017) One Size Does Not Fit All: Challenges in Advance Care Planning and End-Of-Life Treatment Preferences by Latino and Non-Latino White Cancer Patients, Presented at annual American College of Neuropsychopharmacology (ACNP) Conference, Palm Desert, CA.
40. Ko, E., **Cardenas, V.**, Woodruff, S., Zúñiga M., & Serra-Martinez, Y., & Palomino, H. (2020, March) Using Intervention Mapping to Develop a Survivorship Care Plan (SCP) Program for Rural Latina Breast Cancer Patients: Proyecto Mariposa. American Psychosocial Oncology of Society, Portland, OR, United States
41. Chun, T., **Cardenas, V.** (2020, March). This is a Different Kind of Relationship: A Case Study on Multidisciplinary Care for a Homeless Advanced Cancer Patient. Poster Presented at the American Psychosocial Oncology Society, Portland, Oregon.

42. **Cardenas, V.**, Padilla, A., Nuncio Zúñiga, A., Cárdenas, C., Nodora, J. (2021, March) It's More than Just Words: Respectful Conversations about Death and Dying Among U.S. Latinx Cancer Patients and Their Loved Ones. Poster presented at the American Psychosocial Oncology Society (APOS) Virtual Conference.

RESEARCH GRANT SUPPORT

COMPLETED

U54 CA13279-09 (Martinez & Arredondo) 9/1/2018-8/31/2020

NIH/NCI

SDSU/UCSD Cancer Center Comprehensive Partnership Pilot Grant (Cardenas & Ko, Co-PIs)

Title: Proyecto Mariposa: Cancer Survivorship Care Planning for Rural Latina Breast Cancer Patients.

The goal of this pilot-study is to develop a breast Survivorship Care Plan intervention targeted to rural Latina breast cancer patients living in California along the US/Mexico border and assess feasibility and acceptability of the proposed intervention.

Role: Co-Principal Investigator

American Cancer Society (Cardenas, PI) 3/1/17-9/30/18

UCSD Moores Cancer Center Pilot Grant, \$30,000

Title: Su Voz: Advanced Care Planning Preferences Among Spanish-Speaking Patients and their Caregivers.

Role: Principal Investigator

RO1 HL125405 (Kerr, PI) 12/1/14-11/31/19

NIH/NHLBI

Title: Peer Empowerment Program for Physical Activity in Low Income & Minority Seniors.

This study aims to evaluate the implementation of an evidenced-based physical activity program for senior enrolled in senior centers throughout San Diego.

Role: Co-Investigator

Palliative Care Research Cooperative (Cardenas, PI) 7/1/17-6/30/18

PCRC Pilot Grant, \$20,250

Title: Su Voz: Advanced Care Planning Preferences Among Spanish-Speaking Patients and their Caregivers.

Role: Principal Investigator

R01 MH084967-03 (Mausbach, PI) 07/01/09-12/31/14

NIMH

Title: Skills Training and Empowerment Program for Middle-aged and Older Patients with Psychosis.

The goal of this study is to determine the efficacy of a technology-enhanced intervention for improving functional ability in middle-aged and older adults with schizophrenia-related disorders.

Role: Co-Investigator

San Diego County PEI/MHSA (Aarons, PI)

9/1/09 - 6/30/2014

Title: SALUD Program Evaluation

The goal of this study is to provide diabetes and depression care for older adult Latinos in primary health settings.

Role: Co-Investigator

5P30MH080002-05 (Jeste, PI)

2007-2012

ACISIR for Older People with Schizophrenia and Other Psychoses

NIMH

R34 Saludable (McKibbin, PI) within Center Grant)

Title: "Saludable" Lifestyle Interventions for Older Latinos with Schizophrenia Taking Atypical Antipsychotic Medications.

Role: Co-Investigator

T32 MH 019934-15 (Jeste, PI)

09/01/1994-06/30/2009

NIMH

Fellowship in Geriatric Mental Health

Postdoctoral Research Fellow, University of California, San Diego (UCSD), National Institute of Health: National Institute of Mental Health: testing the efficacy of a functional skills training protocol designed to enhance the functioning of Latino patients with schizophrenia.

University of California, San Diego (Cardenas, PI)

2008-2009

Sam and Rose Stein Institute for Research on Aging Pilot Grant

Title: A Qualitative Study Examining Family-Based Skills Treatment Protocols for Latinos with Psychosis

Role: Principal Investigator

AG 18784 (Gallagher-Thompson/Spiegel, PI.)

2003-2004

NIA

Minority Research Supplement - Graduate Research Assistant, Stanford University

School of Medicine, National Institutes of Health: National Institute on Aging: studied psychological and biological consequences of stress in Latino caregivers of Alzheimer's patients and examined the efficacy of a behavioral intervention for reducing these consequences.